

CHRISTY SIMPSON

CASE MANAGER & CLINICAL COMPLIANCE MANAGER



Christy has significant experience as a Registered Learning Disabilities Nurse within the health care sector in a variety of different settings, including secure hospitals, community healthcare, and education services.



07931213808



christy.simpson@
beaconcasemanagement.com



Beacon Case Management Ltd
Victoria House, 29 Victoria Rd.,
Horwich, Bolton,
BL6 5NA



beaconcasemanagement.com

ABOUT CHRISTY

Christy graduated from the University of Salford in 2013, with a BSc First Class in Nursing and Social Work. Christy has significant experience as a Registered Learning Disabilities Nurse within the health care sector in a variety of different settings, including secure hospitals, community healthcare, and education services. In these roles Christy has supported individuals with learning disabilities, mental health issues, brain injury and autism spectrum conditions.

Christy's areas of expertise include; the assessment of behavioural functions in order to inform and improve quality of life for individuals, clinical management of complex physical and mental health illnesses and leading support staff and health care professionals to achieve high standards of person-centred care.

Christy's passion is working directly with clients and their support team, building therapeutic and positive working relationships. Alongside this Christy also consults on clinical compliance needs in relation to Care Quality Commission standards-ensuring services are of the upmost standards.

CLINICAL SKILLS AND EXPERIENCE

- Completion of initial assessments to determine whether service provision is appropriate in meeting the individual's needs.
- Conducting in-depth front-line assessment (functional analysis) to inform positive behavioural support planning and person-centred care.
- Track record of coordinating successful transitions of individuals from the hospital setting to life in the community.
- Application of skills based on solution-focused therapy and cognitive behavioural therapy to support individuals to develop techniques that manage symptoms of their mental health diagnosis and/or cognitive impairment.
- The provision of bespoke packages of care to individuals with varying severities of mental health illness, learning disability, brain injury and autism.
- Clinical Nurse Key Worker for individuals with complex mental health needs, in order to prevent repeat hospital admissions, as part of the 'Transforming Care' Agenda.
- The administration and management of medication, including monitoring and assessing staff competencies to administer, store and order medication on behalf of those they support.
- Management and treatment of complex physical health issues. Including Diabetes (type 1 and 2), complex cortisol management (Addison's Disease), Epilepsy, acute Asthma, Extrapyramidal Side Effects of antipsychotic drugs, skin integrity and dysphagia.

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Skills and Achievements

- The Skills Network. Understanding Autism Level 2, -May 2018
- BILD. Functional Behaviour Analysis course, - April 2017
- Bury college. Diploma in leadership and management, Level 5,- 2014 - 2016
- University of Manchester. Mentorship programme, - 2016
- BILD. CITRUS physical intervention and de-escalation, 2015 (yearly updates)
- University of Salford, 2010 - 2013
- BSc First Class, Professional Studies in Nursing and Social Work Learning disabilities.
- Trained in Venepuncture, Depot injection administration and PEG management.
- Highly motivated, organised and passionate about the sector of their expertise.
- Highly skilled in devising and implementing comprehensive person-centred care plans and risk assessments.
- Promoter of proactive behavioural support, and where necessary reactive management of behaviours that are found challenging to the staff team and/or service.
- Leadership and management of teams of experienced mental health nurses and learning disability nurses in delivering care of the highest standard, as required by the CQC.
- Interviewing, inducting and mentoring staff through the recruitment process.
- The provision of effective staff supervision, appraisals and training, to develop staff skills and values so they are able to deliver high standard of care and support.
- Skilled in problem solving between team member dynamics and creating effective group working. Experienced in conducting and following the disciplinary process, and where necessary the offboarding of staff.

WORK EXPERIENCE

July 2021 - present: Beacon Case Management | Associate Case Manager and Clinical Compliance Manager.

February 2021 - present: Caritas Services | Clinical Compliance Manager, across several nursing homes.

January 2018 - 2021: Caritas Services | Deputy Manager, 9 bed nursing home.

February 2018 - 2020: The Skills Network | Freelance Tutor for courses on mental health illnesses and surrounding legislation.

October 2017- 2019: Clarion UK | Freelance Specialist mentor for adults in higher education with a mental health illness.

January 2017- January 2018: Caritas services | Deputy Manager, 4 bed nursing home.

July 2015 - January 2017: Caritas Services | Staff Nurse, 6 bed nursing home.

October 2013 - June 2015: ASC Health Care | Staff Nurse, 19 bed independent hospital.