

REBECCA KEEPING

ASSOCIATE CASE MANAGER



Rebecca has recently entered into the case management field after working closely with case managers in her NHS role. Her focus is with children and young adults ranging in age from 0-25 years.

**LLB (HONS), RN (CHILD)
PGCERT, MSc**



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ABOUT ME

I have 19 years' experience in health care; 11 years of those have been specialising within the paediatric neurosciences area, which I have a great deal of passion and interest in.

My area of specific interest is acquired brain injury and neuro rehabilitation. I have an extensive amount of experience with interdisciplinary working and team leadership, supporting children and their family's journey from PICU back home into community.

I have developed specialist skills in supporting children, their families, local authorities and schools with returning to education after a brain injury, and knowledge in accessing extra provision to help meet the child's long term needs.

WORK EXPERIENCE

Major Trauma School Reintegration Practitioner, October 2024 to present

- Conduct detailed assessments of post-trauma needs and sequelae
- Develop comprehensive rehabilitation plans
- Monitor neurological and physical recovery progress
- Manage post-traumatic fatigue and pain
- Coordinate with trauma centres and rehabilitation units
- Risk assess for post-traumatic seizures and complications
- Implement cognitive and behavioural intervention techniques
- Support families with trauma-informed approaches
- Manage psychological impact of visible injuries
- Coordinate with neuropsychology services
- Develop phased return programmes considering fatigue management
- Train school staff in trauma-specific needs
- Implement 'Attendance Before Participation' strategies
- Support reasonable adjustments for physical disabilities
- Coordinate with hospital school for transition planning
- Experience in major trauma rehabilitation
- Understanding of neurological recovery patterns
- Expertise in pain management strategies
- Strong advocacy skills for complex needs
- Managing complex physical rehabilitation needs
- Supporting cognitive and emotional recovery
- Coordinating specialist equipment needs
- Facilitating peer support and understanding
- Ensuring appropriate medical support within school settings
- Liaise with trauma teams and specialists
- Work with physiotherapy and occupational therapy
- Coordinate with SEND teams for additional support
- Partner with mental health services
- Engage with social care for complex cases

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EXPERTISE

Nurse Prescriber

NMC Independent Prescriber

Practice Teacher

Clinical Supervision

Evidence Based Practice

Improving Quality

Clinical Leadership

Resource Management

IT Applications

Project Management

Methods of Enquiry

Enabling Change

EDUCATION

Master of Science

MSc Leading Education for
Health and Social Care Reform
University of Salford
2021

PGCert.

Leading Education in Practice:
NMC Practice Teacher Award
University of Salford
2017

Diploma in Nursing

RN Child
University of Salford
2008

Bachelor of Law

Law LLB (Hons) 2:1
Leeds Metropolitan University
2003

WORK EXPERIENCE continued

Neuro Rehabilitation & Neurovascular Nurse Specialist for Children & Young People Neurology Department, RMCH August 2017 – Present

- Undertake clinical assessments and provide written reports to aid completion of 'Decision Support Tool' (health care assessment), CAF, Education/Health Assessment and EHCP, and DLA.
- Carry out therapeutic assessments (e.g. PEDI, Rancho Los Amigos, WeeFIM, WeeFAM), as required to deliver child focused nursing and therapeutic care.
- Support the Consultant Neurologist, ward and interdisciplinary teams in 'tri-partite complex' discharge planning ensuring this is effective, efficient and cohesive with community teams.
- Chair 'discharge planning meetings', 'team around child meetings' and weekly ABI grand round.
- Undertake Home visits to assess access to property/equipment needs to facilitate safe discharge, as required.
- Provide leadership, specialist advice and support to ward nurses and families in care of Child/YP with ABI and neurovascular disorders on a day-to-day basis in the clinical area.
- Work closely with the Education and Development Department and Neurosciences Advanced/Specialist Practitioners in providing annual divisional training in assessment of consciousness in Children & Young People.
- Review current divisional guidelines and update as required.
- Established a database, documenting children with a non-traumatic acquired brain injury that attended RMCH and use this data to consider future developments for the service.
- Provide line management to neurology specialist practitioner team.

Clinical Educator

Ward 78, RMCH / March 2015 – August 2017

- Established and led the introduction of the "Neurological Observation Competency Assessment".
- Regularly teach on the RMCH Induction "Acute Care Session, Neurological Deterioration and Assessing the Acutely Unwell Child".
- Led on the introduction of a Ward 78 "Student Induction" morning.
- Participated in developing the National Major Trauma Network Group – Paediatric Ward Competencies.
- Managed and developed training packages for new starters and return to work employees.
- Developed & facilitated specialty study days.
- Created ward specific employee training database that alerts and reports on compliance.
- Introduced and sustained a "staff training day" for each member of staff to complete mandatory training since 2015.
- Established an "Education Strategy" for Ward 78.
- Member of the AIMs faculty, teaching regularly on the course.
- Performed regular audit and evaluation on current practice.

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TECHNICAL SKILLS

Microsoft Office Suite

OLM/ESR

Chameleon

Medisec

PAS

ICE

Bedman

HTML

EXTRA

Mental Capacity & DoLS Workshop
2025

AIMs Trainer
Clinical Skills Institute
2016

PLS
Clinical Skills Institute
2020

Clinical Supervision Facilitator
2015

Manchester Teaching Skills
CMFT
2015

Manual Handling Key Trainer
RMCH
2015 – Present

Safeguarding Level 3
(Children and Adults)
2021 - 2024

Prevent Training
2021

Conflict Management Training
2021

REFERENCES

Available on request

WORK EXPERIENCE continued

Ward Sister

Ward 78 / November 2014 – March 2015

- Shift leader/coordinator.
- Role model for best practice.
- Band 5 yearly appraiser.
- Preceptor for newly qualified nurses.
- Recorded and managed colleagues' sickness, escalating to HR as appropriate.
- Facilitated regular feedback sessions with all preceptees and students.

Specialist Nurse

IV Team, RMCH / May 2014 – November 2014

- Daily team coordinator.
- Venipuncture and cannulation trained for all ages.

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IV Team, RMCH / May 2014 – November 2014

- Daily team coordinator.
- Venipuncture and cannulation trained for all ages.
- Developed teaching and presenting skills on IV Study days.
- Training compliance manager for the team.
- Performed (and challenged) medic and surgeon ANTT assessments.
- Designed the IV team web page.
- Performed weekly Evidence Based Practice audits.
- Implemented "Venous Access Trolley" initiative.

Staff Nurse

Wrigley Ward, Ward 77 & Ward 78, RMCH / 2008 – 2014

- Student mentor, ward student liaison nurse.
- Successfully managed the University of Salford student audit for the ward.
- Developed a learning programme for 1st year student nurses.
- Shift leader as senior band 5.
- Developed nursing knowledge and skills in neurosurgical, neurology, orthopedic, spinal, ENT, Renal, urology, cleft lip and palate & plastics nursing.
- Tracheostomy Skills Trainer for parents and colleagues.
- Trainer in haemodialysis and peritoneal dialysis.
- Student sign off mentor, Student nurse liaison.