

NEWSLETTER

SPRING 2025

WELCOME TO THE SPRING EDITION OF OUR NEWSLETTER!

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This spring, our team has been making the most of industry networking opportunities, reconnecting with peers, and supporting causes close to our hearts.



We recently joined forces with our colleagues at Amber Case Management for an insightful study day, hosted by Neuropsychologists from Neuro in Nature. The session focused on the therapeutic benefits of outdoor environments and forest bathing - a mindfulness practice rooted in nature, which is increasingly recognised for its positive impact in neurorehabilitation.



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In April, our Director had the pleasure of attending the Cornflower Ball, a glamorous and meaningful evening.

Sophie was hosted by Leigh Day Solicitors in support of the Spinal Injuries Association. It was a fantastic event that combined celebration with raising vital funds for a truly important cause.

Continuing our support for the SIA, we took part in a lively charity pub quiz organised by JMW Solicitors. While we didn't take home the trophy, we're blaming the tablet speed over our brainpower this time - next time, we're aiming for victory!

Thank you to Karen Howarth (Neuro Physio) for the kind invitation to a charity event hosted by Fieldfisher in aid of Action Against Medical Accidents (AvMA). Sophie had a great evening and enjoyed representing our team at this important occasion.

Christy and Elaine attended a Eurovision themed fundraising event recently, hosted by Rathbones. Thank you to Sally Murphy, Senior Associate Solicitor at Irwin Mitchell solicitors for a place at your table. All proceeds of this evening are going to the Child Brain Injury Trust which supports children, young people and their families with childhood acquired brain injury.



And lastly, Beacon are supporting Physio Matters to raise money for Day One Trauma Support by running the 10km in the Manchester Marathon on the 18th May 2025.

Day One Trauma is an important charity that supports individuals in rebuilding lives after a traumatic injury. If you would like to donate and support the charity please click the link [HERE](#).



Day One
Trauma
Support

OUR CLIENTS AND THEIR ACHIEVEMENTS

Two of our clients have been busy teaching students at Salford University about brain injury, rehab journey, support packages and the impact on individuals and their families. This was a great guest lecturer opportunity which helped the clients expand on their public speaking skills and share invaluable lived experiences with the students.



One of the joys of case management is seeing our clients go on long awaited holidays with family or support staff. Here are some of the locations that our clients have visited in the past 6 months:

- Disneyland Paris
- Morocco
- London
- Budapest
- Liverpool
- Mexico
- Tenerife

KIND WORDS FROM CLIENT SUPPORT STAFF AND LOVED ONES:

"It means a great deal to be treated with such understanding and generosity. The effort you all put into supporting and valuing staff does not go unnoticed, and it makes a big difference in creating an encouraging work environment." - A Client's Support Worker

"It is good to know we have someone there to help us when we need it. The case manager is responsive and action things quickly and when unable to do it's passed on to the right person to get it done. It feels more supportive than what we had previously." - A Client's Loved One



"THE HOUSE IS FILLED WITH FUN AND LAUGHTER AGAIN. IT'S GREAT. THANK YOU TO YOU ALL.

[THE] TEAM IS LOOKING FANTASTIC AND IT SURE IS A NICE FEELING."

A CLIENT'S LOVED ONE

SUMMER IS ROUND THE CORNER...



Our director and case manager, Sophie, has been slowly getting back to work, with her full return to work planned for June 2025. We are excited to have her back!



We hope you all enjoy more sunshine over the next few months, remember these top tips for keeping yourself and your clients/loved ones cool and safe in the sunshine:

- Never leave people or pets in a closed car on a warm day.
- If air conditioning is not available in your home find a cooling option.
- Take cool showers or baths.
- Wear loose, lightweight, light-coloured clothing.
- Use your oven less to help reduce the temperature in your home.
- If you're outside, find shade. Wear a hat wide enough to protect your face.
- Drink plenty of fluids to stay hydrated.
- Avoid high-energy activities or work outdoors, during midday heat, if possible.

HAVE A GREAT SUMMER!