

ALEX MURPHY

ASSOCIATE CASE MANAGER



BEACON
CASE MANAGEMENT

hcpc health & care
professions
council

HCPC number: OT 72545



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ABOUT ALEX

Alex is a HCPC registered Occupational therapist with over 9 years of clinical and strategic expertise across acute, community and medico legal settings. Alex's clinical experience is in physical rehabilitation and neuro settings.

In addition to clinical skills, Alex is also experienced in setting up care teams and clinical governance, having previously held the role of CQC Registered Manager as a service manager for a local authority in London, as well as for a private care company.

Alex is passionate about improving outcomes. She has lead on a number of service development projects, including setting up the early supported discharge team at North East London Foundation Trust in 2017.

Alex has worked as an associate case manager since 2021. She is experienced in supporting clients and building teams to implement robust rehabilitation plans that are evidence based and goal focused. Alex has worked on a range of cases including single and joint instruction and post litigation.

Alex's Skills and Experience:

- Recently qualified as a Level 3 Sensory Integration Practitioner, enhancing understanding of Neurology.
- Strong background in physical rehabilitation, skilled at coordinating multiple stakeholders.
- Experienced in working in a number of neurological settings, including transitional rehabilitation units.
- Strong report writing skills, able to quickly link complex presentations to underlying clinical presentation.

CLINICAL EXPERIENCE

Associate Case Manager

Beacon Case Management | July 2021 – Present

- Formulation of goal-focused rehabilitation plans for clients with catastrophic injuries including: traumatic brain injury, poly trauma, amputee and complex orthopaedic injuries.
- Co-ordination of services and multi disciplinary team to ensure joined up approach to intervention.
- Supervision and management of support workers.
- Conducting comprehensive risk assessments.
- Produce timely immediate needs assessment and update reports for funders and solicitors.
- Experienced in multiple funding streams e.g. single instruction, joint instruction, CHC and IFR funding.

Associate Occupational Therapist

Heads Up Therapies | July 2021 – Present

- Assessment and intervention for clients with traumatic brain injury.
- Produce detailed and evidence based OT reports with justification for funding.
- Conducting comprehensive physical, cognitive, sensory and motor assessments.
- Education of junior staff, such as rehab assistants and support workers.
- Working as part of an MDT.

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COURSES/ CPD

- Advanced Safeguarding – Level 3
- Train the Trainer – Moving and Handling
- Cognitive Rehabilitation – Kit Malia and Anne Brannagan
- MCA and the Deprivation of Liberty Safeguards
- Learning Disability and Autism – Oliver McGowan Training

Client Testimonial:

"I have had the pleasure of working closely with Alexandra over the last two years.

In my role as Senior User for ContrOCC (an Adult Social Care Finance system for a local authority), I've been engaging with customers regularly to roll out an electronic invoicing system.

Alexandra was always available when I needed her and I found her to be ultra-efficient, a clear communicator and never shy to challenge to get things right from the start. It was obvious that Alexandra had a huge amount of experience and was able to comfortably adapt in different situations.

Throughout what has been an extremely difficult period for everyone, Alexandra has remained consistent, highly organised, dependable and above all, a thoroughly nice person to work alongside."

**Alex Baillie | Finance Officer
(Systems & Development) Sefton MBC**

MDT feedback

"Alex is an excellent Case Manager and a pleasure to work with. I would highly recommend her as a Case Manager particularly with complex clients.

She is able to keep track on all members of the MDT and their actions and is very objective in the manner that she works as a Case Manager. She is aware of all aspects of the clients care including needs, future needs as well as managing expectations. She is able to run an MDT meeting extremely well but remains in control as the Case Manager and allows everybody to have a fair chance to speak.

Alex is always extremely friendly and easy to approach to have a discussion about a clients needs."

**Claire Evans,
Next Steps Neuro Physiotherapy**

Occupational Therapist and Director Care and Rehab at Home | August 2019- July 2021

- Founded a CQC registered therapy- led domiciliary home care service delivering over 500 hours of support per week.
- Responsible for all clinical oversight, risk assessments and quality assurance.
- Recruited and trained staff, including moving and handling 'train the trainer' qualification.
- Awarded multiple local authority and NHS contracts.
- Implemented strategic planning and governance systems, provided operational leadership.
- Held position of CQC registered manager for first 12 months.

Occupational Therapist NHS Trusts & Local Authorities | November 2015 – August 2019

Worked in various acute and community settings within the NHS and social service. Experienced in supporting junior staff members, leading teams and contributing to service development. Strong knowledge based and confident in applying the OT process in a broad range of settings such as:

- Acute Medical and Elderly
- Inpatient Stroke Rehabilitation
- Community Rehabilitation and Reablement
- Complex discharge planning, Early supported discharge and Rapid response
- Moving and handling and preliminary home discharge visits
- Equipment, aids and adaptations
- Falls prevention and Telecare
- Minor and major adaptations
- Functional assessments of daily living.
- Duty management, screening referrals and allocating work to teams.

VOLUNTEERING

In my spare time, I have been involved with The Good Gym, a community of runners that combine keeping fit with community deeds. This involves stopping off during runs to do physical tasks for community organisations and to support isolated older people with social visits and one-off tasks they can't do on their own.

I also have links with The Girls Network where I am an approved mentor. The Girls Network is a charity, which connects teenage girls at risk of disadvantage with a mentor who is a member of a professional network. The Girls Network partner with local schools and I have delivered presentations and round table events, sharing my professional journey. I always aim to empower and inspire individuals to achieve their full potential and I am passionate about helping people develop tangible and practical skill sets.

EDUCATION & QUALIFICATIONS

University of Cumbria **2015**
MSc Occupational Therapy

Edge Hill University **2013**
BA (Hons) Sociology

PROFESSIONAL MEMBERSHIPS

Health and Care Professions Council OT72545
British Association of Occupational Therapists BT0254959
British Association of Brain Injury and Complex Case Management (BABICM) 7207