

REBECCA SMITH

CASE MANAGER



Experienced Occupational Therapist with a strong background across NHS, private, and charity sectors, specialising in complex cases and sensory integration. Skilled in multidisciplinary collaboration, training delivery, and evidence-based, person-centred care.



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beaconcasemanagement.com

ABOUT REBECCA

Rebecca qualified as an Occupational Therapist in 2010 from the University of Liverpool. She has significant experience working across the NHS, private, and charity sectors.

Throughout her career, she has supported individuals from birth through to adulthood with a wide range of needs, including neurodivergence, developmental trauma, complex medical conditions, brain injuries, and attachment difficulties.

Rebecca is highly organised, compassionate, resilient, and responsive. She adapts to the needs of highly complex cases while maintaining clarity of purpose, holistic practice, and professional boundaries.

Her practice is underpinned by the principles of clinical governance, safeguarding, and a deep commitment to upholding the voice and rights of the individual.

Rebecca has extensive experience working within multidisciplinary and transdisciplinary teams across the NHS, education, social care, and private sectors. She is confident in navigating complex systems involving looked-after children and individuals with significant safeguarding and medical needs.

Her communication skills are a core strength, both interpersonally and professionally. Rebecca is confident in delivering clinical training to members of the MDT, as well as support teams, families, and education settings. She is skilled in parent coaching, having successfully facilitated workshops that upskill parents and education staff to support the goals of their child or student.

Rebecca is also a skilled supervisor, providing both clinical and management supervision to junior staff and care teams.

She is passionate about evidence-based practice and ensures she remains up to date with current guidelines and best-practice standards.

Rebecca's background in Occupational Therapy brings a strong foundation in clinical reasoning, person-centred care, and holistic practice, along with the ability to manage a complex caseload. She is also an advanced practitioner in Sensory Integration and brings those skills to assessment, intervention planning, and therapeutic delivery for individuals with sensory processing differences.

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CASE MANAGER

COURSES/Certificates

Sensory Attachment Level 1
SAI Network 2021

Talking Mats Training
Safeguarding Level 4
Sayers Consultancy

Oliver McGowan
Safeguarding Level 2, including
Mental Capacity and Best
Interests

Moving and Handling Training
GDPR and Data Protection
Equality Act, Suicide Prevention
Guys and St Thomas NHS Trust

MEMBERSHIPS



REGISTERED WITH



QUALIFICATIONS

2021 PgDIP in Sensory Integration

University of Ulster

2010 BSc (Hons) in Occupational Therapy

University of Liverpool

WORK EXPERIENCE

June 2022 – Present

Senior Specialist Occupational Therapist
Community Children's Therapy Team
Guys and St Thomas NHS Trust

January 2014 – June 2022

Senior Specialist Occupational Therapist
Therapy Team
Together Trust

November 2016 – September 2017

Specialist Occupational Therapist
ASC and Brain Injury Inpatients
St George's Healthcare

March 2013 – January 2014

Occupational Therapist
Medium Secure Unit
Step Down and Community Services
Calderstones NHS Foundation Trust

March 2011 – March 2012

Occupational Therapist
Learning Disability Inpatients
Merseycare NHS Trust